## What's on the menu?

# HARRISO food with thou

## MONDA

### /EDNESDA

## FRIDA

### WEEK ONE

**WEEK** 

**WEEK** 

THREE

TWO

Creole Style Chicken Served with Rice

Macaroni Cheese with a Chef's Salad

Carrots / Sauteed Cabbage

Steamed Chocolate Sponge

Served with Chocolate Sauce

Taco Tuesday (Soft Taco)

Served with Smokey BBQ Style Beef

or Chilli Beans & Rice

Salad Bar Style Toppings

Sweet Potato & Bean Turnover

Sweetcom Zestv Coleslaw Egg, Milk, Mustard

Lemon Shortbread

or Cinnamon & Chocolate Gram Flour Shortbread Both Served with Orange Wedges

Chicken & Mushroom Fricassee

with Garlic & Herb Roast Diced Potatoes Chickpea & Herb No Meatballs

Served in an Italian Style Tomato Sauce with Garlic & Herb Roast Diced Potatoes

with Seasoned Oven Roast Potato Wedges

with Seasoned Oven Roast Potato Wedges

Carrots / French Style Green Beans

Jelly with Fresh Fruit Wedges

"Build Your Own' Beefburger

Wheat, Sulphites, Celery

Sweet Potato & Bean Pattie

Salad Bar Style Toppings

Served in a Roll

Served with a Roll

Sweetcom

Ice Cream

Winter Coleslaw

Egg, Milk, Mustard

with Apple Compote

Beef Cottage Pie

Pasta Arrabbiata with Spinach

Served with Tomato & Basil Style Focaccia Wheat, Egg. Milk, Sovbeans

Swede/ Peas

Berry Apple Clafoutis Style Pudding

Served with Custard

Sweetcorn & Pepper Pizza with Chips or New Potatoes

Salmon & Herb Fishcake

Served with Tomato Sauce & Chips or New Potatoes

Baked Courgettes / Baked Beans

Ice Cream

with Hot Chocolate Sauce

Jacket Potato with Mild Beef Chilli or Cheese

& Baked Beans

Tomato & Basil Pasta

Served with a Rainbow Ribbon Salad

BBQ Chicken & Sweet Pepper Pizza

Butternut Squash / Broccoli

Forest Fruit Flapjack

Chasseur Style Chicken

Cheese & Tomato Quiche Wheat, Egg, Milk

Glazed Carrots / Peas

Wheat, Egg, Milk Served with Custard

Red Velvet Sponge

Crusty French Bread

Served with Rice Pilaf

Served with Herbed New Potatoes

Wheat, Soybeans

or Pizza Margherita Wheat, Milk

with Garlic & Herb Pasta Side

Ratatouille Style Vegetables Served with Rice

Sweetcorn / Sauteed Courgettes with Garlic

Chocolate Mousse

Minced Beef & Vegetable Pie

Served with Parsley New Potatoes

Jacket Potato with Cheese

& Baked Beans

Savoy Cabbage / Carrots

Orange Shortbread

or Chocolate Gram Flour Shortbread Both Served with Orange Wedges

Chicken Sausages with a Smokey BBQ Style Relish

& Oven Baked Potato Wedges Mushroom & Chive Omelette

& Oven Baked Potato Wedges

Roasted Root Vegetables / Peas

Apple & Cinnamon Flapjack Wheat, Egg, Milk

Beef Bolognaise Served with Penne Pasta

or Rice

with Garlic & Herb Style Focaccia Wheat, Egg, Milk, Soybeans

Potato & Vegetable Rosti Served with Roast Vegetables in a Lemon & Herb Dressing

Baked Courgettes & Tomatoes / Green Beans

Wholemeal Carrot Cake Wheat, Egg Served with Custard

Beef, Tomato & Herb Pasta with a Cheese Crumb Topping Wheat, Milk

Butternut & Chickpea Korma Served with Rice

Green Beans / Carrots

Jelly with Peaches

Battered Fish

Wheat Fish or Baked Fish Fillet with Lemon & Olive Oil

Served with Tomato Sauce & Chips or New Potatoes

Butternut Squash Frittata

& Chips or New Potatoes

Baked Beans / Peas

Chocolate & Cinnamon Palmier with Apple Wedges

or Lemon Gram Flour Shortbread

with Apple Wedges

Battered Fish Wheat, Fish or Baked Fish Fillet with Lemon & Olive Oil Served with Tomato Sauce & Chips

or New Potatoes Oven Baked Falafel Served with Red Onion Chutney & Chips

or New Potatoes Peas / Baked Beans

Lemon Traybake Wheat, Egg, Milk

### Available daily

Please ask the catering manager for food allergen information

## **WEEK ONE**

w/c 2nd Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec, 6th Jan, 27th Jan

## **WEEK TWO**

w/c 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec, 13th Jan, 3rd Feb

### **WEEK THREE**

w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan, 10th Feb



Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

Please see page 2 regarding allergen information provided on the menu.



## **Harrison Catering Services**

## HARRISON food with thought

## Belleville Wix Academy

### **About Your Catering Service**

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

#### What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

### Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: <a href="https://www.harrisoncatering.co.uk/food-allergies-food-intolerances">https://www.harrisoncatering.co.uk/food-allergies-food-intolerances</a>.

### **Talented Catering Team**

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well<sup>®</sup> training programme.

### Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

#### Free School Meal for Key Stage 2

The Mayor of London initiative, offers a free school meal to all pupils in Key Stage 2, regardless of income. This is for 2 academic years from September 2023.

#### We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

#### Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit www.harrisoncatering.co.uk

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



